

DESIGNING THE ALLIANCE

The Coaching ROI: Diving Deep into Your Divine Potential

Name:

Phone:

Email:

Address:

To ensure maximum 10X success of our coaching partnership, please respond to the questions below:

1. List your three top goals of our time together:
2. What stressors/challenges are you currently facing?
3. What would be helpful for me to know as your coach?
4. What is the biggest obstacle you have overcome in your life?
5. In 6 months, what would you like to achieve that will have moved your life forward to the next level of success?
6. What do you know could stand in your way or could be barriers to your success?
7. On a scale of 1-10 (1= low commitment and 10= high commitment) what is your commitment to coaching at this time?
8. If you could choose one area to up level (take it to the next level in any area) your life right now what would that be?
9. What is your biggest fear right now?
10. What is the one thing you would love to do but you don't do (not enough time, money, energy etc.).
11. Where do you sell out on yourself?
12. What do you enjoy doing most in your life?
13. At the end of your life, if look back and you are grateful for this coaching investment, what will you be most grateful for?
14. On a scale of 1-10 (1=low) where would you rate your current level of success?
15. On a scale of 1-10 (1=low) where would you rate your current level of happiness?
16. How can I as a coach fully support you in taking your life to the next level?

How You Can Ensure Your Own Coaching Success

- **Prepare for your calls** – evaluate your week, what have been your successes, what have been your frustrations, what would you like to shift as a result of your call today?
- **Be Open, Honest and Vulnerable** – I can only assist you if you are willing to be vulnerable with me as your coach.
- **Grant Me Your Trust** – I am here 100% for your success only, trust me and you will shift your life in ways you could not have imagined.
- **Do the Work** – After our calls, take action. If you are not taking action, let's see what is standing in your way.
- **Know that You Deserve Success** – Sometimes we do not believe we deserve success. We make excuses. Be willing to look at any excuses you are making and break through those to live the life of your dreams.

Advice from Past Clients:

- Be open and willing to make yourself better
- You will get nothing if you are not open to the possibility
- Don't sit with a wall up; open up and have a talk about what is going on
- Coach is easy to talk to – like a friend
- Coaching is a partnership, allow the support
- You will get out what you put in
- Trust the Coach – has your best interest at heart